



PEEL DENTAL
CARE

THANK YOU!
FOR TWO FANTASTIC
YEARS TOGETHER

Produced to improve your dental health and awareness

Summer 2010

fromthedentists

Our Sincere Thanks... For your trust & loyalty

We would like to take this opportunity to thank you personally for the past two years of continued support for our family dental practice. It's been a privilege and a great pleasure for us to be able to provide you and your family with the highest standard of dental and oral health care.

We try to treat our patients with the utmost dignity, respect, and compassion. And it's very satisfying to see just how many patients pay us the ultimate compliment by referring their friends and family to our practice. We are truly grateful for your trust.

We hope you will enjoy the informative articles in this newsletter and please ask us questions that you may have on your next dental visit. We welcome and encourage your input.

We look forward to many more years together creating healthy smiles and healthy lives.

- Dr. Mazahreh and Dr. Misek

Make The Wise Choice

Book a hygiene appointment for optimal dental health

Regularly climbing into our *hygiene* chair can mean gaining better health, better looks, and even staying out of the *dental* chair! When you consider that oral disease can be silent and symptom-free and that research has linked oral disease with other health problems, making regular hygiene appointments is definitely your wisest choice.

People often misinterpret hygiene appointments ... they're not *just a simple cleaning*. Here's what happens when you're here:

- We examine your gums to screen for areas at risk. If you have periodontal disease, your healing progress is monitored with detail. Regular cleaning will help keep your gums and teeth as healthy as possible.
- Prevention is a crucial part of your visit. Regular appointments allow us to catch problems in their early stages before things get out of hand.
- Take advantage of our knowledge! Your appointment is also a wonderful opportunity to ask all the questions you have about how restorative and cosmetic dentistry, and even broader topics such as how medications affect your oral health. In short, if you've got the questions, we've got the time.
- We provide patient education and demonstrations for correct brushing and flossing, explain proper cleaning and maintenance for dentures, crowns and bridges, and orthodontics.

Please ensure that you are scheduled for ... and that you commit to making the date. It will ensure your optimum oral health and a clean, great-looking smile.



Please visit our updated and exciting website
www.peeldentalcare.com

Click on *Patient Testimonials* and our Smile Gallery. At your next dental appointment please mention your web visit and let us know your thoughts. We want to ensure we are providing you with the information that will help you keep your mouth and body healthy.

Are you taking full advantage of the insurance policy you're paying for?

Schedule your dental visit now - through summer to the end of the year - because before you know it, your insurance benefits will be expiring.

Call our practice for details on your insurance policy!

Call NOW To Benefit Later!

Thank you for all your referrals. We appreciate them!

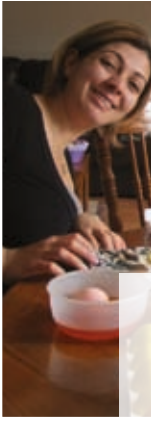


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Enjoys Some Family Spe



Dr. Mazahreh also takes time to celebrate with family



One exciting event follows another. Patricia is currently on maternity leave and will return in November of this year. Before leaving we celebrated with a staff baby shower.

Our newest future patient is Quinton Oscar. Patricia surprised us with a baby visit to introduce Quinton Oscar.



Jessica, you know as one of our hygienists, also has a family bakery – Cordi Bakery. They have the best cakes; pastries and any other baking product you would like to devour. Thank you, Cordi Bakery and Jessica, for your continued contribution to our celebrations and our waist lines.



Mazahreh Family Reunion held in May 2010

Dr. Mazahreh wonders...



...if Nathan will be the next pro golfer so he can seek retirement and become Nathan's manager!

And Dental Family cial Occasions With You

Not only do we have two years of success to celebrate at Peel Dental Care but we also celebrate important dates for our valued staff members. Whether it is a birthday, wedding, or a new baby - we love to celebrate!



Easter was a fun event with his children; painting eggs and making faces for Dad (behind the camera)



We would like to announce that Dr. Prya will be married by the time you receive this newsletter. We wish Dr. Prya much health and happiness now and always

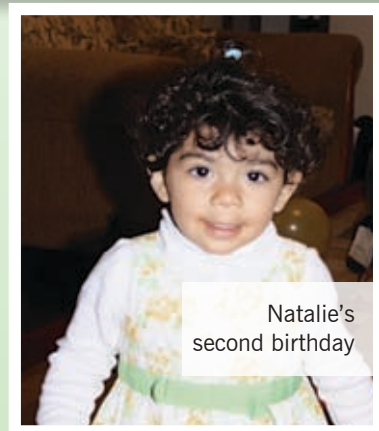


From our family to yours with much thanks for two fantastic years!

Floss! Floss! Floss!

Never forget!

Some reports suggest that daily flossing can actually add *seven years* to your life! If you're not flossing, you're missing about 35% of your tooth surfaces. Research has shown that flossing, along with brushing, is the only way to prevent the buildup of plaque and tartar that cause periodontal disease. To encourage a regular flossing regimen, it's important to find the flossing device that works best for you. Some people find that waxed floss is easier to use than unwaxed. You can try different floss thicknesses, or even dental tape - a wider floss that works wonders for people who've had bone loss and gum recession. Floss holders can also make a big difference, and threaders are designed for use with bridges. Ask us for a flossing refresher and product recommendations!



Natalie's second birthday

Tell Us What You Think!

When it comes to oral health, your teeth can tell us a lot about what's right and what wants more attention. But patient needs often have to do with matters that we can't detect on radiographs or during examinations.

What do you think about our staff, office environment, treatment, pricing, educational information, referrals, and scheduling? What would you like us to change?

We're constantly trying to upgrade care and improve our services. Please let us know how we are doing. Next time you come in for a checkup and we ask you to open wide ... tell us what you think. When it comes to your mouth, we're all ears!

Veneers

Putting on a new smile!

Thanks to the many recent advances in cosmetic dentistry, new smiles can literally be created ... simply and effectively. Front teeth that are discoloured, chipped or have gaps between them can look as good or better than new, using *porcelain veneers*. These ultra-thin, hand-crafted shells of ceramic material are bonded firmly to the front of your teeth and can be used to improve colour, shape and alignment. They are natural looking and are highly resistant to permanent discolouration from drinking coffee or tea, red wine or from tobacco smoking.

The best part is that the entire veneering procedure usually takes just two or three appointments. During your first visit we assess your smile and plan your treatment. At your next appointment, we reshape your teeth slightly to accommodate the veneers, then create a model of your teeth for the laboratory.

On your final visit, the veneers are bonded to your teeth. You can view the esthetic results first, and we can adjust the colour of the veneers by selecting the shade of adhesive. A light is applied to quickly seal the bond so securely that you can brush and floss daily. After about two weeks, we may ask you to return to our office for a follow-up appointment.

Veneers can simply and effectively restore the health and beauty of your teeth and give you that self-confident smile you've always wanted.

Actual patients of Dr. Mazahreh



office information

Peel Dental Care

Dr. Mazahreh
Dr. Misek
40 Peel Centre Drive
Suite 114
Brampton, ON L6T 4B4

Office Hours

Mon-Thu 7:30 am – 8:00 pm
Friday upon availability
Saturday 8:00 am – 4:00 pm

Contact Information

Office (905) 791-4000
Fax (905) 791-5781
Email peeldentalcare@gmail.com

Office Staff

Lesley Office Manager
Nassima, Tala, Del Receptionists
Krystyna, Jenny Assistants
Giulia, Jessica, Patricia, Linda, Cathy,
Lynn Hygienists
Stephanie Support Staff



See It! Believe It!

Tooth TV

One of the toughest jobs for a dentist is explaining that you need treatment to fix or prevent problems you can't see or feel. We now have a simple solution!

Our *intraoral camera* – a hand-held camera the size of a pen – videotapes problems up close, and colour pictures are instantly displayed on a chairside TV monitor so you can see what's going on in your mouth – magnified twenty or thirty times. Dental video imaging isn't just a techno-gimmick. When you see and understand what's going on in your mouth firsthand, we can make better treatment decisions. It's also a great asset for analysis, record keeping, and explaining long-term treatment plans to dental insurance companies.

So come on in and give that smile a screen test!